



THE EREMITICAL LIFE

We are consecrated, canonical Hermit Sisters in the Diocese of Harrisburg.

Hermits are called by God to a life of strict separation from the world and assiduous prayer and penance in the silence of solitude, alone with God—in reparation for their sins and the sins of the world. Their lives are devoted to the praise and glory of God and the salvation of the world.

As consecrated Hermit Sisters, we publicly profess the evangelical counsels of poverty, chastity and obedience into the hands of our local bishop. We live our individual Plans of Life which have been approved by our Bishop. We are recognized and governed by the Church under Canon 603.

According to the Catechism of the Catholic Church (#921):

“(Hermits) manifest to everyone the interior aspect of the mystery of the Church, that is, personal intimacy with Christ. Hidden from the eyes of men, the life of the hermit is a silent preaching of the Lord, to whom he has surrendered his life simply because he is everything to him. Here is a particular call to find in the desert, in the thick of spiritual battle, the glory of

Sayings of the Desert Fathers

Abba Anthony said, ‘I saw the snares that the enemy spreads out over the world and I said groaning, “What can get through from such snares?” Then I heard I heard a voice saying to me, “Humility.”’



OUR CHARISM

We follow the ancient rule of St. Albert as the first hermits living on Mt. Carmel did. In our life of prayer, silence, and intimacy, alone with God, we practice penance, fasting, sacrifice and acceptance of sufferings all of which we offer to the Lord for the salvation of souls.

We seek also, by the grace of God, to give witness to the Gospel by living out faithfully the teachings of Christ and His Church in simplicity and poverty of heart and to practice the Beatitudes in a spirit of love, joy and thanksgiving.



In humility, and with sincerity of heart, we make intercession before our Lord in the Most Blessed Sacrament. We pray for God’s continued grace and mercy upon the whole world. We seek to imitate Mother Mary in her life of prayer and contemplation with total submission to the Will of God by our endless **YES**. Our charity is also expressed through hospitality.

The title “Sister,” traditional habit, veil, profession ring and crucifix, were granted to us by the bishop in witness to our public profession of the evangelical counsels of poverty, chastity and obedience.



HORARIUM

Our day is balanced with prayer, work and recreation, all done within the confines of the hermitage and guided by the Holy Ghost. Our life is nourished by daily Mass, Divine Office, meditation, Rosary, scripture, spiritual reading, and study within our chapel and private cells. A time of recreation may consist of walking the grounds. Fridays are set aside as days of commemoration of Our Lord’s Passion. Sundays and Holy Days belong to God, and as such, no work is done; they are spent in prayer and recreation.

APOSTOLATE

Guided by the Holy Ghost, each Hermit Sister uses the gifts God gave her to build the Kingdom of God here on earth. We assist women interested in the eremitical vocation and provide spiritual direction and counsel.

FOUNDATION OF A LAURA

The local bishop is supporting us in forming a Laura, a colony of hermits living on the same land in their own hermitages following their own plan of life approved by the bishops – in the silence of solitude, alone with God – and coming together on Sundays and Feast days for Vespers and a common meal and recreation. He said: “I welcome (a Laura); it would be a blessing for the Diocese and a powerhouse of prayer.” The name of the Laura would be: “Hermit Sisters of Saint Sharbel”. He is our patron, teacher and protector.

PRAYER REQUESTS

We welcome your prayer requests. Contact us online at:

www.flowerofcarmelhermitage.org
(click on “contact us” in the menu)

FRUIT OF THE VOCATION

Through prayer, Hermit Sister was inspired to produce a CD called “Seven Sorrows of Mary.”

You can purchase the CD at:
<https://www.heartbeatrecordslabel.com/ghi/>

Proceed to Artist, under the letter “H” and look for “Hermit Sister.”

NEEDS OF THE HERMIT SISTERS

- Bronius Press Roman Breviary in English and Latin, 2 sets for the Hermit Sisters daily prayers.
- 7 day candle Sanctuary light
- Church linens / altar cloths
- Donations towards yearly retreat expenses for each Hermit Sister
- Donations of gift cards from Giant, Karns, and ALDI

HOW YOU CAN YOU HELP?

- Prayer
- Help us built the “Laura” volunteer and assist
- Remember us in your will

HERMITS ARE NOT MONETARILY SUPPORTED BY THE CHURCH.

HELP BUILD A COLONY FOR GOD.

WE, are in need of donations for our daily operations and expenses, the building of hermitages, chapel and then some. We welcome a one time donations and monthly pledges.

Other ways of assisting is to donate the materials needed to build the hermitages, the chapel. Help purchase the septic system, the well and roads.

One time donation, a commitment to a monthly pledge helps maintain our working expenses.

Your contributions allow us to live out the vocations of solitude, prayer, penance, and sacrifice to which God has called us. By making a donation you then become partakers of our mission of prayer and sacrifice, for the glory of God and the salvation of souls.

THIS CANNOT HAPPEN WITHOUT YOU.

Donations may be mailed to:
Flower of Carmel Hermitage, Inc.
Post Office Box 1221
Camp Hill, PA 17001

MAY GOD BLESS AND REWARD YOUR GENEROSITY.

The Flower of Carmel Hermitage, Inc. is a 501(c)
(3) non-profit corporation.

The official registration and the financial information of the Flower of Carmel Hermitage, Inc. can be obtained from the Pennsylvania Department of State by calling toll free 1-800-732-0999.

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www.flowerofcarmelhermitage.org



Flower of Carmel Hermitage



Saint Sharbel, Hermit

Ecce ancilla Domini:
Fiat mihi secundum
verbum tuum.
Lk 1:38

Therefore, behold I will allure her, and
will lead her into the wilderness: and I
will speak to her heart.
Hosea 2:14

Immaculate Heart of Mary, pray for us!

